

**EVENTS AND WORKSHOPS@**

**Autism Hub 2020**

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**Unfortunately we cannot accommodate babies or children in any workshops**

**ALL PLACES MUST BE BOOKED**

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| **Event** | **Date** | **Location** | **Price** |
| **Daughter’s with ASD**  **Support Group**  **With Sam Carney & Sheila Davies** | Wednesday 29th January 2020  10am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **Autism & Mental Health Difficulties in Children & Young People Workshop.**  **With Carolyn Morgan** | Tuesday 4th February 2020.  12.30pm – 2.30pm | Autism Hub | FREE for parents in South Tyneside |
| **“Newly diagnosed/Going through diagnosis” Support Group**  **With Sam Carney & Sheila Davies** | Wednesday 26th February 2020  10am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism**  **Session 1 of 4**  **With Sam Carney & Sheila Davies** | Wednesday 26th February 2020  12.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Autism Friendly Swimming session**  ***Everyone welcome*** | Saturday 29th February 2020  6pm – 6.45pm | Waves Whitley Bay | ***£5 per swimmer*** |
| **Pathological Demand Avoidance (PDA) Workshop**  **With Anna Knight** | Wednesday 4th March 2020  10am- 12noon | Autism Hub | FREE for parents in South Tyneside |
| **Q&A session with Anna Knight. Specialist Speech, Language & Behavioural Therapist.** | Wednesday 4th March 2020  1pm – 2.30pm | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism**  **Session 2 of 4**  **With Sam Carney & Sheila Davies** | Wednesday 10th March 2020  12.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Sensory Issues Workshop**  **With Rachel McManus** | Tuesday 17th March 2020  1pm – 3pm | Autism Hub | FREE for parents in South Tyneside |
| **Toileting Workshop**  **With Julie Curtis** | Wednesday 18th March  9.30am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism**  **Session 3 of 4**  **With Sam Carney & Sheila Davies** | Wednesday 18th March 2020  12.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Son’s with ASD**  **Support Group**  **With Sam Carney & Sheila Davies** | Wednesday 25th March 2020  10am -11.30am | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism**  **Session 4 of 4**  **With Sam Carney & Sheila Davies** | Wednesday 25th March 2020  12.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Introduction to Makaton**  **With Cheryl Wade** | Monday 30th March 2020  10.30am – 12.30pm | Autism Hub | FREE for parents in South Tyneside |
| **Managing Meltdowns Workshop**  **With Julie Curtis** | Wednesday 1st April 2020  9.30am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **Sibling Superstars Workshop** | Wednesday 8th April 2020  10.30am – 2.30pm | Autism Hub | Free for Siblings in South Tyneside aged 7 – 15. |
| **Parenting & communicating with teenagers with ASD Workshop**  **With Carolyn Morgan** | Tuesday 28th April 2020.  12.30pm – 2.30pm | Autism Hub | FREE for parents in South Tyneside |
| **Sleep Workshop**  **With Julie Curtis** | Wednesday 6th May 2020  9.30am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **Q&A session with Julie Curtis. Specialist LD Nurse Consultant** | Wednesday 6th May 2020  12.30pm - 2pm | Autism Hub | FREE for parents in South Tyneside |