

**EVENTS AND WORKSHOPS@**

**Autism Hub 2020**

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**Unfortunately we cannot accommodate babies or children in any workshops**

**ALL PLACES MUST BE BOOKED**

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| **Event** | **Date** | **Location** | **Price** |
| **Daughter’s with ASD****Support Group****With Sam Carney & Sheila Davies** | Wednesday 29th January 202010am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **Autism & Mental Health Difficulties in Children & Young People Workshop.****With Carolyn Morgan** | Tuesday 4th February 2020.12.30pm – 2.30pm | Autism Hub | FREE for parents in South Tyneside |
| **“Newly diagnosed/Going through diagnosis” Support Group****With Sam Carney & Sheila Davies** | Wednesday 26th February 202010am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism** **Session 1 of 4****With Sam Carney & Sheila Davies** | Wednesday 26th February 202012.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Autism Friendly Swimming session*****Everyone welcome*** | Saturday 29th February 20206pm – 6.45pm | Waves Whitley Bay | ***£5 per swimmer*** |
| **Pathological Demand Avoidance (PDA) Workshop****With Anna Knight** | Wednesday 4th March 202010am- 12noon | Autism Hub | FREE for parents in South Tyneside |
| **Q&A session with Anna Knight. Specialist Speech, Language & Behavioural Therapist.** | Wednesday 4th March 20201pm – 2.30pm | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism** **Session 2 of 4****With Sam Carney & Sheila Davies** | Wednesday 10th March 202012.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Sensory Issues Workshop****With Rachel McManus** | Tuesday 17th March 20201pm – 3pm | Autism Hub | FREE for parents in South Tyneside |
| **Toileting Workshop****With Julie Curtis** | Wednesday 18th March 9.30am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism** **Session 3 of 4****With Sam Carney & Sheila Davies** | Wednesday 18th March 202012.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Son’s with ASD****Support Group****With Sam Carney & Sheila Davies** | Wednesday 25th March 202010am -11.30am | Autism Hub | FREE for parents in South Tyneside |
| **A Grandparents Guide to Autism** **Session 4 of 4****With Sam Carney & Sheila Davies** | Wednesday 25th March 202012.30pm – 2pm | Autism Hub | FREE for Grandparents in South Tyneside |
| **Introduction to Makaton****With Cheryl Wade** | Monday 30th March 202010.30am – 12.30pm | Autism Hub | FREE for parents in South Tyneside |
| **Managing Meltdowns Workshop****With Julie Curtis** | Wednesday 1st April 20209.30am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **Sibling Superstars Workshop** | Wednesday 8th April 202010.30am – 2.30pm | Autism Hub | Free for Siblings in South Tyneside aged 7 – 15. |
| **Parenting & communicating with teenagers with ASD Workshop****With Carolyn Morgan** | Tuesday 28th April 2020.12.30pm – 2.30pm | Autism Hub | FREE for parents in South Tyneside |
| **Sleep Workshop****With Julie Curtis** | Wednesday 6th May 20209.30am – 11.30am | Autism Hub | FREE for parents in South Tyneside |
| **Q&A session with Julie Curtis. Specialist LD Nurse Consultant** | Wednesday 6th May 202012.30pm - 2pm | Autism Hub | FREE for parents in South Tyneside |