

Who we are & services we provide...



Contraception & Emergency Contraceptive Team

The team offers access to many forms of free contraception including Long-Acting Reversible Contraceptives methods (LARC).

STI Testing & Treatment Teams

Consultant led service for STI Testing & Treatment including Pre-exposure Prophylaxis (PrEP) and Post Exposure Prophylaxis (PEP) for HIV. Testing and free treatment for STI's in clinic and referral of HIV patients to neighbouring HIV treatment services.

Community Outreach Team

Access to STI testing and free condom schemes in community settings including Pharmacy & GP practices in South Tyneside.

Sexual Health Advising Team

Public health interventions, clinical treatments & contact tracing. Protecting and improving the nation's sexual health.



Online STI Testing and Condom Schemes

Online schemes available to order 24 hours a day from the website. Delivered by Royal Mail in plain packaged envelopes which fit through letter boxes.

Pregnancy Options Team

Specialist advice to support women of all ages to make decisions around pregnancy including community outreach access for contraceptive methods.



Psychosexual Counselling Team



Counselling service by appointment including talking therapy for people experiencing issues with their sexual health.

Reception & Administrative Teams

First point of contact for public & patients. Booking appointments, registering patients and all aspects of service administration.

Important Information:

All service updates and changes in response to COVID-19 are updated live via the South Tyneside Sexual Health website.

Please visit www.southtynesidesexualhealth.nhs.uk or call 0191 4028191

